

STUDENT HEALTH

Student Health Services is here not only for those times when you are ill or injured. We are also a wellness resource, and offer services and programs that can assist you in achieving optimal health and well-being.

Services offered include:

- 24/7 Advice Nurse
- Primary Care
- Allergy Shots
- Assault Crisis Services
- Immunizations
- Overnight Care
- Nutrition
- Physical Activity Counseling
- STD/STI testing
- GYN Services
- Pharmacy
- Radiology
- Blood Drawing Station

We use a fee-for-service billing model, similar to your private physician's office. There are charges for medical visits, blood drawing services, x-rays and prescriptions. Basic first aid, consultations with a registered nurse, nutrition and physical activity counseling are provided at no charge.

Same day appointments are almost always available. Students may save time by self-scheduling on the web at myHealth.uconn.edu

Accredited by the Accreditation Association for Ambulatory Health Care (AAAHC)

Located in the Hilda Williams Health Services building next to Chemistry.

860-486-4700

SHS.UCONN.EDU

WELLNESS & PREVENTION

Health Education and Alcohol and Other Drug Education is housed within **Wellness and Prevention Services**. We strive to create an environment that encourages and supports healthy decisions and behaviors. Our goal is to promote and assist students in achieving a balance of lifelong wellness through various educational programming, skill building techniques, and other resources.

Health Education

- Sexual Health Programs
- The UConn Sexperts peer educators
- Stress Management Programs
- Late Night Events
- Pet Therapy
- Relaxation Station which hosts our weekly *Time Out Tuesdays*

Alcohol & Other Drugs

- AlcoholEdu
- UConn Recovery Community (URC)
- One-on-one and group educational sessions on alcohol & marijuana
- Late Night Events
- Alcohol Screening Events
- 21st Birthday Bag Program

We provide all of our services for free with the one exception being sanctioned one-on-ones and group sessions, which require an appointment time. Students are able to "drop in" to our office, including our Relaxation Station whenever we are open.

Located in Wilson Hall in South Campus.

860-486-9431

WELLNESS.UCONN.EDU

COUNSELING & MENTAL HEALTH

Counseling and Mental Health Services (CMHS) promotes and fosters the emotional and psychological growth and well-being of all students at UConn by providing a wide range of mental health services on campus. CMHS staff has extensive experience in college counseling and is committed to providing high quality care in a safe, confidential and non-judgmental atmosphere. CMHS uses a short-term, strengths focused, bio-psycho-social model of treatment that honors the fundamental dignity and striving of the human person. We work in close collaboration with other departments and community partners at UConn to achieve our goals.

Services offered include:

- Community Workshops and Events
- Consultation Drop-in Services
- Campus and Community Referrals
- Individual and Group Therapy
- Medication Evaluations
- Alcohol and Other Drug Intervention

Call to schedule a free phone screening with a therapist, who will help you determine what services will be most beneficial.

Accredited by the International Association of Counseling Services (IACS)

Located on the 4th floor of the Arjona Building near Mirror Lake.

860-486-4705

COUNSELING.UCONN.EDU

OFF-CAMPUS MEDICAL PARTNERS

URGENT CARE and SPECIALISTS

UConn Health

Urgent Care and Medical Specialist (Cardiology, General Surgery, Neurology, Obstetrics and Gynecology, Orthopedics) as well as Dentistry, Radiology and a Blood Draw Station are located just off campus at UConn Health in Storrs Center, while Physical Therapy services are offered at the Nayden Clinic next to South Campus.

Urgent Care

One Royce Circle
Suite 103
Storrs Center, CT
06268
860-487-9300

Dental Services

One Royce Circle
Suite 108
Storrs Center, CT
06268
860-487-9330

Medical Specialists

One Royce Circle
Suite 104
Storrs Center, CT
06268
860-487-9200

Physical Therapy and Rehab Services

Nayden Rehabilitation
Clinic
843 Bolton Road
Storrs, CT 06269
860-486-8080

Please note that while Student Health Services and UConn Health collaborate closely with each other clinically, they are different business entities, particularly for insurance and billing purposes. Bills and statements from University Medical Group and/or John Dempsey Hospital indicate services were provided by UConn Health rather than UConn Student Health Services. Be sure to check your insurance coverage for Urgent Care Services as the co-pays and deductibles may be different than those at Student Health Services.

OFF-CAMPUS MEDICAL PARTNERS

EMERGENCY CARE

HARTFORD HEALTHCARE

Windham Hospital Emergency Center

112 Mansfield Ave
Willimantic, CT 06226

UConn Fire Department is the campus EMS provider and in most cases requiring emergency transport, students will be taken by UCFD ambulance to Windham Hospital, about 10 miles from campus. The ED Physicians there are from Northeast Emergency Medicine Specialists, a private practice group. Radiologists at Windham Hospital are affiliated with Jefferson Radiology, a Hartford Healthcare partner.



BE A HEALTHY HUSKY

For more information please visit:

Student Health Services:

SHS.UCONN.EDU

 facebook.com/UConnSHS

Wellness & Prevention Services:

WELLNESS.UCONN.EDU

 facebook.com/UConnHealthEd

Counseling & Mental Health Services:

COUNSELING.UCONN.EDU

 facebook.com/UConnCMHS

UConn

STUDENT HEALTH SERVICES

THE EXPERTS IN STUDENT HEALTH, WELLNESS and COUNSELING

services tailored to the unique and diverse needs of college students



Student Health Services

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Wellness and Prevention Services

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Counseling and Mental Health Services